

# Foundations for Student Success

## Student Success Workshops (Spring 2024)

Date	Time	Topic	Location
Tue. 1/23	12 – 1 PM	Self-Advocacy: Communication Skills for College Success	Thunderbird Think Tank
Fri. 1/26	10 – 11 AM	Self-Advocacy: Communication Skills for College Success	Online
Tue. 2/6	1:30 – 2:30 PM	POWER of Math Study Skills	Thunderbird Think Tank
Fri. 2/9	10 AM – 11 AM	POWER of Math Study Skills	Online
Tue. 2/20	1:30 – 3 PM	University Transfer	LA 3N
Wed. 2/21	12:30 – 2 PM and 2 – 3:30 PM	University Transfer (Red Mountain Campus)	DW133
Fri. 2/23	10 – 11 AM	University Transfer	Online
Mon. 3/4	12 - 1 PM	Overcoming Procrastination? Maybe Later...	Thunderbird Think Tank
Fri. 3/8	10 – 11 AM	Overcoming Procrastination? Maybe Later...	Online
Wed. 3/20	11 AM– 12 PM	Preparing for the Second Year	Thunderbird Think Tank
Fri. 3/22	10 - 11 AM	Preparing for the Second year	Online
Tue. 3/26	12 – 1 PM	Self Care for an A+ Lifestyle	Thunderbird Think Tank
Fri. 3/29	10 – 11 AM	Self Care for an A+ Lifestyle	Online
Wed. 4/10	11 AM – 12 PM	Withstanding Adversity	Thunderbird Think Tank
Fri. 4/12	11 AM – 12 PM	Withstanding Adversity	Online

Online sessions can be joined via the QR code to the right, or by visiting:  
<https://www.mesacc.edu/students/foundations-student-success/student-success-workshops>

All in-person workshops will be held in the Thunderbird Think Tank, except for the University Transfer workshops. Please see the map on the next page for assistance in locating workshops.



